

## THE MAGNIFICAT

My soul glorifies the Lord.  
My spirit rejoices in God my saviour;  
He looks on his servant in her lowliness;  
Hence forth all generations will call me blessed.

The Almighty works marvels for me.  
Holy is his name.  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength,  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.  
He fills the hungry with good things,  
sends the rich away empty.

he protects Israel, his servant,  
remembering his mercy,  
the mercy He promised to our fathers,  
to Abraham and his children for ever.