	W	eek Commencing: 30 OCT /	20 NOV / 11 DEC / 1 JAN /	22 JAN / 4 MAR / 25 MAR		
	Monday	Tuesday	Wednesday	Thursday	Friday	Key
WEEK 1	Tomato Pasta Bake Savoury Mince & Mash Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables Fresh Fruit or Yoghurt	Vegetable Quesadilla ♥ Chicken Sausage with Mashed Potato & Gravy Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables ♥ Fresh Fruit or Yoghurt ♥	Three Bean Casserole with Potatoes Roast Chicken Breast & Gravy with Roast Potatoes Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables Cheese & Crackers	Margherita Pizza & Wedges ♥ Meat Feast Pizza with Wedges Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables ♥ Fresh Fruit or Yoghurt ♥	Homemade Red Lentil & Veg Sausage Roll 🕥 Fish Fingers & Chips 🛋 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables 🔍 Apple Sponge with Custard 💙	Vegetarian Vegetarian Plant Based Vegan Friendly
	h the the standard	Week Commencing: 6 N	OV / 27 NOV / 8 JAN / 29 J/	AN / 19 FEB / 11 MAR		Sustainably
	Monday	Tuesday	Wednesday	Thursday	Friday	Caught Fish
	Quorn Burger with Potatoes V Chicken Meatballs in Tomato	Vegetable Hot Pot Vegetable Hot Pot Vegetable Hot Pot	Cheese & Onion Pasty with Roast Potatoes	Margherita Pizza & Wedges V	Sweet Potato & Lentil Curry with Rice V	
2	Sauce with Pasta	Jacket Potato - Beans	Roast Beef, Yorkshires, Roast Potatoes, Gravy	Meat Feast Pizza with Wedges Jacket Potato - Beans	Battered Fish & Chips 🛁	

Fresh Fruit or Yoghurt V

WEEK 3

Seasonal Vegetables V

Fresh Fruit or Yoghurt V

Fresh Fruit or Yoghurt V

Week Commencing: 13 NOV / 4 DEC / 15 JAN / 5 FEB / 26 FEB / 18 MAR									
Monday	Tuesday	Wednesday	Thursday	Friday					
Roast Vegetable Couscous with Flat Bread Beef Bolognese Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables Fresh Fruit or Yoghurt	Macaroni Cheese 💙 Chicken Sausage Roll & Wedges Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables 💙 Fresh Fruit or Yoghurt 🆤	Quorn Sausage & Bean Casserole 💎 Roast Chicken, Stuffing, Roast Potato & Gravy Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables 🔍 Cheese & Crackers 🆤	Margherita Pizza & Wedges Meat Feast Pizza with Wedges Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables Fresh Fruit or Yoghurt	Quorn Nuggets with Chips <table-cell> Fish Fingers &amp; Chips 🗟 Jacket Potato - Beans /Cheese/Tuna Mayo/Coleslaw Assorted Sandwich Platters Seasonal Vegetables 🕐 Apple Crumble with Custard 🎗</table-cell>					

Seasonal Vegetables V

Cheese & Crackers V

A choice of

**Fresh Bread** 

Unlimited Salad Bar

Fresh Fruit

Berry Jelly 👽



# WELCOME TO YOUR School Lunch

### WELCOME TO YOUR NEW MENU

which has been created so your child can enjoy a delicious, balanced school lunch every day cooked fresh daily.

All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

## **ALLERGEN INFORMATION**

We want all of our customers to feel comfortable when eating with us, so we hold full allergen information for all dishes that are served in our restaurants. If your child has an allergy we can provide a special menu for their requirements. Just ask for further information!

#### MADE FROM GREAT INGREDIENTS, **BY AWESOME PEOPLE!**

Our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



# OVER 80% OF OUR DISHES ARI FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

## JUST LOOK AT WHAT YOUR CHILD GETS FROM A SCHOOL LUNCH

A TRIP TO THE

SALAD BAR





**BAKED BREAD** 





de la

We have increased the amount of beans 🥠 and pulses... that means more fibre & less saturated fat!

The salad bar is packed full of fresh vegetables



Your menu has more vegetable focused meals - making them more nutritious!

#### PACKED FULL OF FAMILIAR FAVOURITES

DOING MORE TO HELP PUPILS TOWARDS THEIR 5-A-DAY



Payments and Meal Ordering

More familiar dishes we know they love

**CONTACT US:** 



**Exciting options** for KS2 pupils so the options grow as they do

Nutrition Guidance



**NUR APP** NOW!



Click here to download it from App Store or Google Play store.



From September, all primary aged pupils in London are eligible for free school lunches!