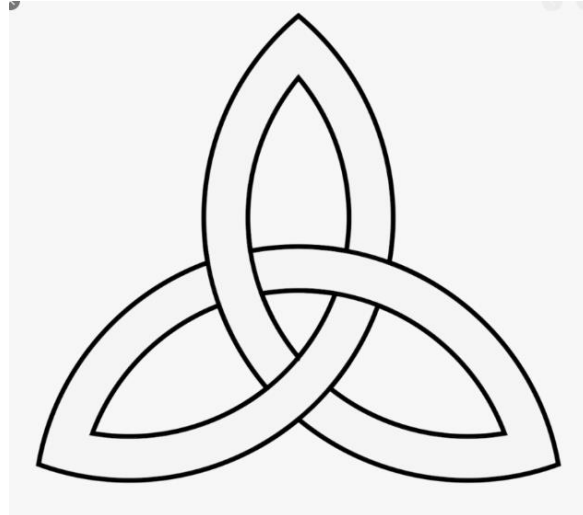


Thursday 4th June 2020

Next Sunday is the Feast of the HOLY TRINITY

This is the great mystery of the Christian Faith. How can we explain that we believe that there is only ONE God but there are THREE persons in the ONE God. God the Father, God the Son and God the Holy Spirit. Three persons, one God! Christians have tried to explain it in many beautiful ways including this pattern below. It is just one shape but has three interlinked elements.



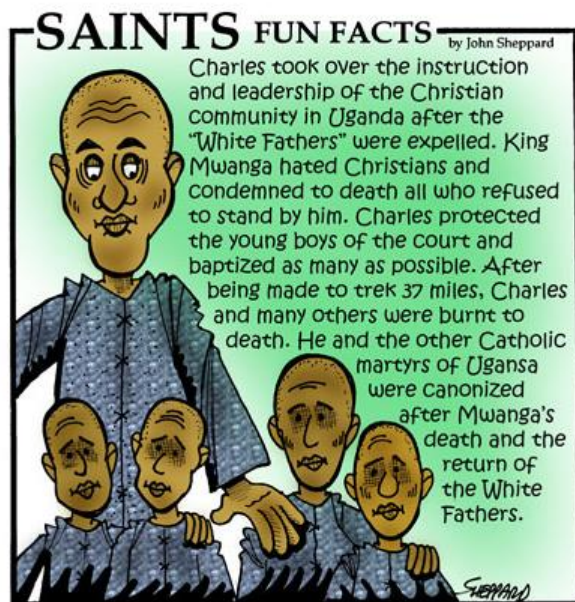
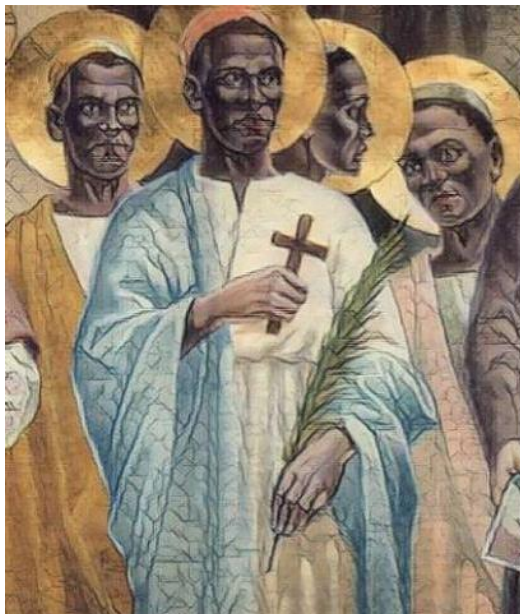
Try and look up different paintings and ways artists have created to help us understand the Holy Trinity and try to draw your own version, or simply try to recreate the one above. When you get the chance, look for this design on church buildings too!

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St Charles Lwanga is the patron saint of Black African Youth

Yesterday, 3rd June, was the Feast day of St Charles Lwanga and his companions.

Their story reads as a terrible tale of the badness that people can inflict on others. He was a young man who lived a life of faith in extremely difficult times and ended up losing his young life, for the love of God and by trying to protect others.



St Charles Lwanga pray for us.