

St James the Great Catholic School Newsletter

www.stjamesthegreat.southwark.sch.uk "Doing our best for God, for others and for ourselves" Friday 22nd November 2019



School Councillors promoting the good things done by young people in our 'Peckham is Best' Campaign talking to Harriet Harman MP this week.

Peckham is best!

There continues to be a lot of bad press about many young people in our area and across London. However we know that there is also a great deal to celebrate and be proud of too. We also know that we need to work hard to make sure everyone hears the 'Good News'!



Children preparing the 'Peckham is Best' badges

WAAW - World Antibiotic Awareness week 18-23 November

You may well be aware that there is an over use of antibiotics. Please take a look at the information overleaf.

INSETT DAY - Friday 29th November School closed NEXT Friday

Parents Workshop - yesterday

Well done to the parents of our younger children who came along to explore early literacy. In the feedback from the session an attendee noted: 'The practical demonstrations of the activities went a long way to help parents to understand better.'



'BOOK OF REMEMBRANCE' Fridays in November at 8:50am School Hall.

This is how our school remembers the Holy Souls who are special to us.

Class Masses continue

Next Thursday Year 3 will attend morning Mass at the church and so will conclude our KS2 class' attendance and experience of 'ordinary time' weekday Mass. It is encouraging to know that the children have valued the experience and also know that Mass is there for us all, each and every day, if we are fortunate enough to be near a church with a priest.

'After Mass I felt refreshed' was one positive comment made from Year 4 last week.

Pupils of Achievement

The achievement this week was 'RE Understanding other Faiths - Judaism'. The children noted below received the award this week:

Year 1: Noah & Tina

Year 2: Julia & Kevin

Year 3: Priscilla & Dillon

Year 4: Emily & Esther

Year 5: Yohannes & Janet

Year 6: Giovanni & Favour

The personal attribute celebrated was 'Playing positively at playtime' (Gospel value: Love one another): Ozioma, Phillip, Sophia, Michelle, Daniela C, Chinaza. Our Publisher of the Week is: Leona
Well Done Everyone

Taking **ANTIBIOTICS** when you don't need them puts you and your family at risk

Keep  Working



Antibiotics are used to treat **bacterial infections** such as: meningitis, tuberculosis and pneumonia.

They do not work on viruses,
Antibiotics cannot treat infections such as colds and flu.

Bacteria are continually adapting to develop new ways of withstanding antibiotic treatment. This is called antibiotic resistance and is one of the biggest threats facing us today.

Antibiotic resistance can then spread between different bacteria in our bodies. Antibiotic resistant bacteria can be carried by healthy or ill people and can spread to others. Overuse and misuse of antibiotics is a major factor that causes antibiotic resistance. The more often a person takes antibiotics, the more likely they are to develop antibiotic resistant bacteria in the body. To reduce this risk, it is important that antibiotics are taken only when necessary and that patients follow advice given by the doctor, nurse or pharmacist.

There are simple actions you can take to help keep antibiotics working:

- Don't ask for antibiotics if you have a cough or cold. Antibiotics should only be taken for bacterial infections. Many infections get better on their own, without the need for antibiotics. Go to your pharmacist for advice first and they may be able to help with your symptoms.
- If the doctor does prescribe you with antibiotics, take them exactly as prescribed; never save them for later and never share them with others.
- Spread the word. Tell your friends and family about antibiotic resistance.

You can also help prevent infections spreading by:

- Using tissues and disposing of them when you sneeze.
- Washing hands thoroughly with soap, especially after you have used a tissue or sneezed into your hand.
- Get the flu vaccine if you or your child are eligible.



***e-Bug**

www.e-bug.eu
Operated by
Public Health England

There are several fun educational activities linked to the national curricula to educate children on microbes, infections and antibiotics on the e-Bug website (www.e-bug.eu).