



THE FEDERATION OF ST. JAMES THE GREAT & ST. JOHN'S CATHOLIC SCHOOL



SEX & RELATIONSHIP EDUCATION (P.H.S.E.) POLICY

'Genuine love is the fundamental vocation of every human being'
(Catechism of the Catholic Church Para 2392)

In a Catholic School any teaching or formation on human love or human development must be within the whole context of our faith in God who reveals himself in Jesus Christ. It is through our love of God and of neighbour that we reciprocate that love. It is the consistent teaching of the Church through the centuries that it is only in the context of marriage that sexual love can take on its true meaning. In the culture in which we live it is vital that our young people understand the importance of commitment for life. It is only through commitment that the deepest lessons of love can be learnt. (Southwark Diocesan Policy on Education for Human Love – April 2005).

Church Teaching:

All Sex and Relationship Education provided by Catholic Schools must be in accordance with Catholic teaching. On all questions relating to faith and morals, the 'Catechism of the Catholic Church is normative'.

At both schools Sex and Relationships (P.H.S.E) are taught in the context of the teaching of the Catholic Church on Love, Marriage and the Sanctity of Life. While the provision of Sex Education is not statutory in the Primary Phase, the Governing Body have decided that Sex Education will be included in the integrated School Curriculum so that pupils will be able to learn about the Church's teaching and be encouraged to develop healthy attitudes to the holiness of God's creation.

Aims:

We see Education as the growth and development of the whole person. Our aim is to integrate the pupil's spiritual, moral, social, cultural, psychological and physical development; thus assisting them to grow in Christian maturity. The school aims to ensure all children are given the opportunity to experience a broad and balanced curriculum.

The Policy's foundation and ethos has been taken from our Mission Statement and is implemented through:

- The Science, Religious Education and P.H.S.E. Curriculum.
- In the Beginning'/ 'All That I Am' curriculum programmes
- 'Education in Personal Relationships with Catholic Schools' – Archdiocese of Southwark.
- 'Come and See' Programme of Study.

Objectives:

We aim our teaching for our children to develop the following skills:

- Learning the importance of values and individual conscience and moral considerations.
- Learning the value of family life, marriage, stable and loving relationships for the nurture of children.
- Learning the value of respect, love and care.
- Developing critical thinking as part of decision making.

Personal and Social Skills:

- Learning to manage emotions and relationships confidently and sensibly.
- Developing self respect and empathy for others.
- Learning to make choices based on an understanding of difference with an absence of prejudice.

- Learning to develop an appreciation of the consequences of choices made.
- Managing conflict.
- Learning how to recognise and avoid exploitation and abuse.
- Understanding that different people have different attitudes towards relationships.

Knowledge and Understanding:

- Learning and understanding physical development at appropriate stages.
- Understanding human sexuality, reproduction, emotions and relationships.

Planning and Teaching:

The teaching of Sex and Relationships will be taught within the current cross curricular approach using the appropriate guidelines and programmes of study. P.H.S.E. will be mainly linked to Religious Education and Science. The Southwark Curriculum Map will also be followed in terms of what will be covered in SRE.

The Foundation Stage refer to the areas of learning in the early learning Goal – Personal, Social and Emotional Development and Come and See.

Parental Rights:

Each year Parents/Carers of Year 6 pupils receive a letter with information relating to the SRE programme, which begins with the 'All that I Am' programme. They are also invited to view the resources used in this programme. They are given the right to withdraw their children from the explicit teaching, but the right to withdraw does not include the content from statutory Science Orders.

Record Keeping and Assessment:

As with any other subject, records are kept of the delivery, monitoring and evaluation of Education in Personal Relationships. Annual reports to parents include a section on personal development, which relates to relationships.

Consultation

Staff and Governors are consulted about this Policy; they are given an opportunity to put forward amendments or additions. Pupils are part of the process of evaluation, which is done through informal feedback, during a lesson.

Appendix 1: Learning Outcomes

The following statements are offered as illustration of learning outcomes for SRE for each key stage. They give a basis for planning work to develop knowledge and understanding, values and attitudes and personal skills in SRE. .

By the end of Key Stage 1 pupils will be able to:

- recognise and compare the main external part of the bodies of humans*
- recognise similarities and differences between themselves and others and treat others with sensitivity*
- identify and share their feelings with others
- recognise safe and unsafe situations
- identify and be able to talk with someone they trust
- be aware that their feelings and actions have an impact on others
- make a friend, talk with them and share feelings
- use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk.

Pupils will know and understand:

- that animals, including humans, grow and reproduce*
- that humans and animals can produce offspring and these grow into adults*
- the basic rules for keeping themselves safe and healthy
- about safe places to play and safe people to be with
- the needs of babies and young people
- ways in which they are like and different from others
- that they have some control over their actions and bodies
- the names of the main external parts of the body including agreed names for sexual parts

- why families are special for caring and sharing

Pupils will have considered:

- why families are special
- the similarities and differences between people
- how their feelings and actions have an impact on other people

By the end of Key Stage 2 pupils will be able to:

- express opinions, for example, about relationships and bullying
- listen to, and support other
- respect other people's viewpoints and beliefs
- recognise their changing emotions with friends and family and be able to express their feelings positively
- identify adults they can trust and who they can ask for help
- be self-confident in a wide range of new situations, such as seeking new friends
- form opinions that they can articulate to a variety of audiences
- recognise their own worth and identify positive things about themselves
- balance the stresses of life in order to promote both their own mental health and well-being and that of others
- see things from other people's viewpoints, for example their parents and their carers
- discuss moral questions
- listen to, support their friends and manage friendship problems
- recognise and challenge stereotypes, for example in relation to gender
- recognise the pressure of unwanted physical contact, and know ways of resisting it

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